

Romans 8:1

**8:1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.**

No Condemnation IF you are in Christ.

**Who is in Christ?**

Christians are – Romans 12:5; 1 Corinthians 1:2, Galatians 1:22, Galatians 3:26-28)

**Why there is no condemnation for those in Christ**

The promise of life is found in Christ (2 Timothy 1:1)

We are sanctified, wise, righteous, and redeemed (1 Corinthians 1:30-31)

We are sealed in him (2 Corinthians 1:20-22)

We are triumphant in him (2 Corinthians 2:14)

We are new and of God and now reconciled to him and forgiven of all sin (2 Corinthians 5:17-21)

Those in Christ go to heaven (2 Corinthians 12:2)

We have spiritual blessings in heavenly places (Ephesians 1:3)

We are around during the creation of the new heaven and earth (Ephesians 1:10, 1 Corinthians 15:23-28)

God sees us as seated together with him in heaven already (Ephesians 2:6)

Those that are in Christ shall live eternally (1 Corinthians 15:22-23; 1 Thessalonians 4:16-17)

“Who walk not after the flesh, but after the Spirit”

Notice there is a comma that separates no condemnation in Christ AND who walk after the Spirit.

Walk – a) To conduct oneself or behave in a particular manner; live b) to pursue a particular course in life

Galatians 5:25 – If we live in the Spirit, let us also walk in the Spirit.

Our life is in the Spirit therefore we ought to act accordingly. From God’s perspective, you are perfect because you are in Christ, and that has eternal ramifications. However your body has not been redeemed yet (Romans 7:15-25), thus, we all still struggle. All Christians live in the Spirit, but not all Christians live like they are alive in the Spirit.